



פרשת בראשית

Parashat Bereshit
Reading For Shabbat - Triennial Year III
Bereshit (Genesis) 5:1-6:8

ראשון

1st Aliyah - Avraham (Chesed)

1 5 זֶה סֵפֶר תּוֹלְדֹת אָדָם בְּיוֹם בָּרָא אֱלֹהִים אָדָם בְּדַמּוֹת
אֱלֹהִים עָשָׂה אֹתוֹ: 2 זָכָר וּנְקֵבָה בָּרָאם וַיְבָרֶךְ אֹתָם
וַיִּקְרָא אֶת־שֵׁמֶם אָדָם בְּיוֹם הַבְּרָאָה: 3 וַיְחִי אָדָם שְׁלֹשִׁים
וּמֵאֵת שָׁנָה וַיּוֹלֵד בְּדַמּוֹתוֹ כְּצִלְמוֹ וַיִּקְרָא אֶת־שְׁמוֹ שֵׁת:
4 וַיְהִי וַיְמִי־אָדָם אַחֲרֵי הוֹלִידוֹ אֶת־שֵׁת שְׁמֹנֶה מֵאֹת
שָׁנָה וַיּוֹלֵד בָּנִים וּבָנוֹת: 5 וַיְהִי כָל־יְמֵי אָדָם אֲשֶׁר־חִי
תִּשְׁעֵ מֵאוֹת שָׁנָה וּשְׁלֹשִׁים שָׁנָה וַיָּמָת:

1. This is the book of the generations of Adam. In the day when Elohim created man, in the likeness of Elohim he made him; 2. Male and female created he them; and blessed them, and called their name Man, in the day when they were created. 3. And Adam lived a hundred and thirty years, and fathered a son in his own likeness, after his image; and called his name Seth; 4. And the days of Adam after he had fathered Seth were eight hundred years; and he fathered sons and daughters; 5. And all the days that Adam lived were nine hundred and thirty years; and he died.

שני

2nd Aliyah - Yitzchak (Gevurah)

6 וַיְחִי־שֵׁת חֲמִשָּׁ שָׁנִים וּמֵאֵת שָׁנָה וַיּוֹלֵד אֶת־אֶנּוֹשׁ:
7 וַיְחִי־שֵׁת אַחֲרֵי הוֹלִידוֹ אֶת־אֶנּוֹשׁ שֶׁבַע שָׁנִים וּשְׁמֹנֶה
מֵאוֹת שָׁנָה וַיּוֹלֵד בָּנִים וּבָנוֹת: 8 וַיְהִי כָל־יְמֵי־שֵׁת

שְׁתַּיִם עֶשְׂרֵה שָׁנָה וּתְשַׁע מֵאוֹת שָׁנָה וַיָּמָת:

6. And Seth lived a hundred and five years, and fathered Enosh; 7. And Seth lived after he fathered Enosh eight hundred and seven years, and fathered sons and daughters; 8. And all the days of Seth were nine hundred and twelve years; and he died.

שלישי

3rd Aliyah - Ya-akov (Tiferet)

9 וַיְחִי אֶנֶשׁ תְּשַׁעִּים שָׁנָה וַיֹּלֵד אֶת־קַיִן: 10 וַיְחִי אֶנֶשׁ אַחֲרֵי הוֹלִידוֹ אֶת־קַיִן חֲמִשׁ עֶשְׂרֵה שָׁנָה וּשְׁמֹנֶה מֵאוֹת שָׁנָה וַיֹּלֵד בָּנִים וּבָנוֹת: 11 וַיְהִי כָּל־יְמֵי אֶנֶשׁ חֲמִשׁ שָׁנִים וּתְשַׁע מֵאוֹת שָׁנָה וַיָּמָת: 12 וַיְחִי קַיִן שִׁבְעִים שָׁנָה וַיֹּלֵד אֶת־מַהֲלֵל: 13 וַיְחִי קַיִן אַחֲרֵי הוֹלִידוֹ אֶת־מַהֲלֵל אַרְבָּעִים שָׁנָה וּשְׁמֹנֶה מֵאוֹת שָׁנָה וַיֹּלֵד בָּנִים וּבָנוֹת: 14 וַיְהִי כָּל־יְמֵי קַיִן עֶשְׂרִים שָׁנִים וּתְשַׁע מֵאוֹת שָׁנָה וַיָּמָת:

9. And Enosh lived ninety years, and fathered Cainan; 10. And Enosh lived after he fathered Cainan eight hundred and fifteen years. and fathered sons and daughters; 11. And all the days of Enosh were nine hundred and five years; and he died. 12. And Cainan lived seventy years, and fathered Mahalaleel; 13. And Cainan lived after he fathered Mahalaleel eight hundred and forty years, and fathered sons and daughters; 14. And all the days of Cainan were nine hundred and ten years; and he died.

רביעי

4th Aliyah - Moshe (Netzach)

15 וַיְחִי מַהֲלֵל חֲמִשׁ שָׁנִים וּשְׁשִׁים שָׁנָה וַיֹּלֵד אֶת־יֶרֶד: 16 וַיְחִי מַהֲלֵל אַחֲרֵי הוֹלִידוֹ אֶת־יֶרֶד שִׁלְשִׁים שָׁנָה וּשְׁמֹנֶה מֵאוֹת שָׁנָה וַיֹּלֵד בָּנִים וּבָנוֹת:

17 וַיְהִי־וּ כָל־יְמֵי מַהֲלַלֶּאֱל כָּמֵשׁ וְתִשְׁעִים שָׁנָה וְשִׁמְנָה
 מֵאוֹת שָׁנָה וַיָּמָת׃ 18 וַיַּחֲיֶיךָ שְׁתַּיִם וְשִׁשִּׁים שָׁנָה
 וּמֵאֵת שָׁנָה וַיֹּלֶד אֶת־חֲנוּךְ׃ 19 וַיַּחֲיֶיךָ אַחֲרֵי הוֹלִידוֹ
 אֶת־חֲנוּךְ שְׁמֹנֶה מֵאוֹת שָׁנָה וַיֹּלֶד בָּנִים וּבָנוֹת׃ 20 וַיְהִי־וּ
 כָּל־יְמֵי־יָרֵד שְׁתַּיִם וְשִׁשִּׁים שָׁנָה וְתִשְׁעֵ מֵאוֹת שָׁנָה
 וַיָּמָת׃

15. And Mahalaleel lived sixty five years, and fathered Jared; 16. And Mahalaleel lived after he fathered Jared eight hundred and thirty years, and fathered sons and daughters; 17. And all the days of Mahalaleel were eight hundred and ninety five years; and he died. 18. And Jared lived a hundred and sixty two years, and he fathered Enoch; 19. And Jared lived after he fathered Enoch eight hundred years, and fathered sons and daughters; 20. And all the days of Jared were nine hundred and sixty two years; and he died.

חמישי

5th Aliyah - Aharon (Hod)

21 וַיַּחֲיֶיךָ חֲנוּךְ כָּמֵשׁ וְשִׁשִּׁים שָׁנָה וַיֹּלֶד אֶת־מֶתוּשֶׁלַח׃
 22 וַיִּתְהַלֵּךְ חֲנוּךְ אֶת־הָאֱלֹהִים אַחֲרֵי הוֹלִידוֹ
 אֶת־מֶתוּשֶׁלַח שְׁלֹשׁ מֵאוֹת שָׁנָה וַיֹּלֶד בָּנִים וּבָנוֹת׃
 23 וַיְהִי כָל־יְמֵי חֲנוּךְ כָּמֵשׁ וְשִׁשִּׁים שָׁנָה וְשִׁלֹשׁ מֵאוֹת
 שָׁנָה׃ 24 וַיִּתְהַלֵּךְ חֲנוּךְ אֶת־הָאֱלֹהִים וְאֵינְנוּ כִּי־לָקַח אֹתוֹ
 אֱלֹהִים׃

21. And Enoch lived sixty five years, and fathered Methuselah; 22. And Enoch walked with Elohim after he fathered Methuselah three hundred years, and fathered sons and daughters; 23. And all the days of Enoch were three hundred and sixty five years; 24. And Enoch walked with Elohim; and he was not; for Elohim took him.

ששי

6th Aliyah - Yoseif (Yesod)

25 וַיְחִי מֵתוֹשְׁלַח שִׁבְעַ וּשְׁמֹנִים שָׁנָה וּמֵאֵת שָׁנָה וַיֹּלְדֵהוּ
 אֶת־לָמֶךְ׃ 26 וַיְחִי מֵתוֹשְׁלַח אַחֲרַי הוֹלִידוּ אֶת־לָמֶךְ
 שְׁתַּיִם וּשְׁמוֹנִים שָׁנָה וּשְׁבַע מֵאוֹת שָׁנָה וַיֹּלְדֵהוּ בָנִים
 וּבָנוֹת׃ 27 וַיְהִי כָל־יְמֵי מֵתוֹשְׁלַח תְּשַׁע וּשְׁשִׁים שָׁנָה
 וּתְשַׁע מֵאוֹת שָׁנָה וַיָּמָת׃ 28 וַיְחִי־לָמֶךְ שְׁתַּיִם
 וּשְׁמֹנִים שָׁנָה וּמֵאֵת שָׁנָה וַיֹּלְדֵהוּ בֵן׃ 29 וַיִּקְרָא אֶת־שְׁמוֹ
 נֹחַ לֵאמֹר זֶה יִנְחַמֵנוּ מִמַּעַשְׁנוֹ וּמִמַּעַצְבוֹן יְדֵינוֹ
 מִן־הָאָדָמָה אֲשֶׁר אָרָרָה יְהוָה׃ 30 וַיְחִי־לָמֶךְ אַחֲרַי
 הוֹלִידוּ אֶת־נֹחַ חָמֵשׁ וּתְשַׁעִים שָׁנָה וַחֲמִשׁ מֵאֵת שָׁנָה
 וַיֹּלְדֵהוּ בָנִים וּבָנוֹת׃ 31 וַיְהִי כָל־יְמֵי־לָמֶךְ שִׁבְעַ וּשְׁבַעִים
 שָׁנָה וּשְׁבַע מֵאוֹת שָׁנָה וַיָּמָת׃

25. And Methuselah lived a hundred and eighty seven years, and fathered Lamech; 26. And Methuselah lived after he fathered Lamech seven hundred and eighty two years, and fathered sons and daughters; 27. And all the days of Methuselah were nine hundred and sixty nine years; and he died. 28. And Lamech lived a hundred and eighty two years, and fathered a son; 29. And he called his name Noah, saying, This same shall comfort us concerning our work and toil of our hands, because of the ground which Hashem has cursed. 30. And Lamech lived after he fathered Noah five hundred and ninety five years, and fathered sons and daughters; 31. And all the days of Lamech were seven hundred and seventy seven years; and he died.

שביעי

7th Aliyah - David (Malchut)

32 וַיְהִי־נֹחַ בֶּן־חָמֵשׁ מֵאוֹת שָׁנָה וַיֹּלְדֵהוּ נֹחַ אֶת־שֵׁם
 אֶת־חָם וְאֶת־יֶפֶת׃
 1 6 וַיְהִי כִי־הֶחֱלָה הָאָדָם לְרֹב עַל־פְּנֵי הָאָדָמָה וּבָנוֹת

יִלְדוּ לָהֶם: 2 וַיִּרְאוּ בְנֵי־הָאֱלֹהִים אֶת־בָּנוֹת הָאָדָם כִּי
 טֹבֹת הֵנָּה וַיִּקְחוּ לָהֶם נָשִׁים מְכֹל אֲשֶׁר בָּחָרוּ: 3 וַיֹּאמֶר
 יְהוָה לֹא־יִדּוֹן רוּחִי בָאָדָם לְעַלְם בְּשָׂגָם הוּא בָשָׂר וְהָיוּ
 יַמֵּיו מֵאָה וְעֶשְׂרִים שָׁנָה: 4 הַנְּפִלִים הָיוּ בָאָרֶץ בַּיָּמִים
 הָהֵם וְגַם אַחֲרֵי־כֵן אֲשֶׁר יָבֹאוּ בְנֵי הָאֱלֹהִים אֶל־בָּנוֹת
 הָאָדָם וַיִּלְדוּ לָהֶם הַמָּה הַגְּבֹרִים אֲשֶׁר מְעוֹלָם אֲנָשִׁי
 הַשָּׁמַיִם: 5 וַיִּרְא יְהוָה כִּי רַבָּה רָעַת הָאָדָם בָּאָרֶץ וְכָל־יֶצֶר
 מַחְשְׁבֹת לְבוֹ רַק רַע כָּל־הַיּוֹם: 6 וַיִּנָּחַם יְהוָה כִּי־עָשָׂה
 אֶת־הָאָדָם בָּאָרֶץ וַיִּתְּעַצֵּב אֶל־לְבוֹ: 7 וַיֹּאמֶר יְהוָה אֲמַחֶה
 אֶת־הָאָדָם מֵעַל פְּנֵי הָאֲדָמָה מֵאָדָם
 עַד־בְּהֵמָה עַד־רֶמֶשׂ וְעַד־עוֹף הַשָּׁמַיִם כִּי נִחַמְתִּי כִּי
 עָשִׂיתִם: 8 וְנֹחַ מָצָא חֵן בְּעֵינַי יְהוָה:

32. And Noah was five hundred years old; and Noah fathered Shem, Ham, and Japheth.

Chapter 6

1. And it came to pass, when men began to multiply on the face of the earth, and daughters were born to them, 2. That the sons of Elohim saw the daughters of men that they were pretty; and they took as wives all those whom they chose. 3. And Hashem said, My spirit shall not always strive with man, for he also is flesh; yet his days shall be a hundred and twenty years. 4. There were Nefilim in the earth in those days; and also after that, when the sons of Elohim came in to the daughters of men, and they bore children to them, the same became mighty men of old, men of renown. 5. And Elohim saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually. 6. And Hashem repented that he had made man on the earth, and it grieved him at his heart. 7. And Hashem said, I will destroy man whom I have created from the face of the earth; both man, and beast, and the creeping thing, and the birds of the air; for I repent that I have made them. 8. And Noah found grace in the eyes of Hashem.

מפטיר

Maftir

5 וַיֵּרָא יְהוָה כִּי רַבָּה רָעַת הָאָדָם בָּאָרֶץ וְכָל־יִצֹר
 מִחֲשַׁבְתּוֹ לְבוֹ רַק וַיֵּרָא יְהוָה כִּי־עָשָׂה
 אֶת־הָאָדָם בָּאָרֶץ וַיִּתְעַצֵּב אֶל־לְבוֹ: 7 וַיֹּאמֶר יְהוָה אֲמַחֶה
 אֶת־הָאָדָם אֲשֶׁר־בָּרָאתִי מֵעַל פְּנֵי הָאֲדָמָה מֵאָדָם
 עַד־בְּהֵמָה עַד־רֶמֶשׂ וְעַד־עוֹף הַשָּׁמַיִם כִּי נִחַמְתִּי כִּי
 עָשִׂיתִם: 8 וְנֹחַ מָצָא חֵן בְּעֵינֵי יְהוָה:

5. And Elohim saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually. 6. And Hashem repented that he had made man on the earth, and it grieved him at his heart. 7. And Hashem said, I will destroy man whom I have created from the face of the earth; both man, and beast, and the creeping thing, and the birds of the air; for I repent that I have made them. 8. And Noah found grace in the eyes of Hashem.